

#### CARRIER

# savour

CARRIER

#### CONTENTS

secret ingredients	
table for two	
sweet sanctuary	
local flavour	
soul food	

#### savour

A longing to visit the most delectable destination or the deep desire to soak in an unfamiliar culture. Much like the ingredients that are carefully combined to create your favourite dish, your travels must contain a few essential elements: a dash of authentic exploration, a pinch of reconnection with those dearest, a sprinkle of rest and relaxation, and we instantly feel the nourishment a holiday brings.

Wherever your journeys take you, there's something to be said for truly slowing down and savouring the experience. Indulge in the pleasure of time spent offline, or loved up luxury in faraway lands; find health and happiness in your own sweet sanctuary, or expand your mind as you feast on the heritage and history of the places you visit. Served with passion and inspiration, this collection is dedicated to those with an appetite to be out in the big wide world.

Read on to discover 50 tantalising trips to feed your travel curiosity.



#### secret ingredients

The pleasure of time spent free from the pressures of daily life, find your place of peace, recharge and be happier

#### Rosewood Little Dix Bay, British Virgin Islands

If it's a week or two of slow living that's missing from your hectic life, Little Dix Bay has long been synonymous with offering the space, silence and seclusion to provide just that. Here, there are no worries, no burdens, and nothing but guilt free time. The real beauty of this eco-friendly resort is its deserted half-mile crescent-shaped beach framed by lush verdant gardens – perfect for secret champagne picnics and midnight strolls under the stars.





#### GoldenEye, Jamaica

A sense of unhurried time is the true luxury at this boutique retreat on Jamaica's Oracabessa Bay. Villas, cottages and huts are dotted ingeniously across the estate's 52 tropical acres and make you feel like you're in your own personal idyll. Villa Vesper, sitting directly on the tranquil lagoon, features five bedrooms and is a brand new addition to the resort; it's the perfect choice for groups looking for ultimate seclusion.



#### Four Seasons Resort Bora Bora, French Polynesia

As far removed from modern life as you can get, and all the more alluring for it, from spa to bar, sunrise to sunset, this is the place to live the castaway dream. Savour decadent Polynesian-inspired cuisine while admiring phenomenal sunset vistas from the most exclusive table in the house, a private palm swaying white sand motu. Accessible by outrigger canoe, it's unashamedly romantic.

#### Grand Hotel Timeo, A Belmond Hotel, Taormina, Italy

Legacy or location? Here, there's no compromise. Alongside views gazing out towards Mount Etna, the heritage of this private home-turned-hotel dates back to 1873 – having played host to literary greats Wilde, Lawrence and Capote. Find your own haven of peace and tranquillity strolling among the blooming bougainvillea, orange blossom and geraniums of the hotel's storied six-acre gardens.



Silversea Expedition - Galápagos Islands

Step aboard the Silver Origin; created specifically for the Galápagos Islands its state-of-the-art environmentally-friendly technology ensures minimal impact. As you sail this otherworldly archipelago, get up close to giant tortoises, lava lizards, sea lions and penguins while enjoying authentic Ecuadorian flavours at two onboard restaurants. Join presentations by dedicated experts in the Explorer Lounge before setting off by Zodiac for magical on-shore experiences.







## The Datai Langkawi, Malaysia

The magical isle of Langkawi is a truly remarkable ecological gem bursting with natural wonders begging exploration. Meet Malaysia's answer to Sir David Attenborough at one of Asia's most exclusive resorts, where nemophilists can see all manner of wildlife living and thriving in the surrounding 100-million-year-old virgin rainforest. For off the beaten track encounters, join the renowned resident naturalist to tread the footpaths of the dense forest.



#### Six Senses Zil Pasyon, Seychelles

Arriving by helicopter to one of the most exclusive islands in the Seychelles, serenity seekers can escape reality to a private enclave away from the world and its routines. Achieve optimum body and mind balance with morning sunrise and sunset yoga, indulge in knot-busting treatments at the spa and head to the hammock strung bar for rum punch lolling. This is island living at its best.

## qualia, Great Barrier Reef, Australia

Meaning 'a collection of deeper sensory experiences' in Latin, this legendary Hamilton Island resort was designed to stimulate the senses and draw the outside in. Experience escapism in its most exclusive form with a scenic helicopter flight over the stunning islands of the Whitsundays to the turquoise jewel of Heart Reef. Land on a private floating pontoon before swimming, snorkelling and blissfully drifting around aboard a glass bottom boat.

Mandarin Oriental Canouan, The Grenadines

An exclusive hideout whose appeal lies in its anonymity, this castaway haven for an elite few is fast putting this lesser known island on the map. With only 26 suites and 13 villas it's easy to see how Mandarin Oriental, Canouan has maintained its relatively under-the-radar status. Set away from the busier Caribbean resorts, here is where the glitterati come to not be seen.





# Grecotel Corfu Imperial, Greece

Italian lakes grandeur is unexpectedly the order of the day at this palatial property on its own private peninsula. There's no denying its curb appeal, all manicured gardens and porcelain walkways lined with palms and olive trees. It seems to be bathed in an eternal ethereal light. Its location means every angle of the peninsula provides a different view soundtracked by birdsong – from open ocean one way to a forested bay and distant marina in the other.



#### table for two

Loved up luxury in lands that stir the senses; here lies the place and space to nurture your most meaning ful relationship



#### Mandarin Oriental Jumeira, Dubai

Although you'd be forgiven for not wanting to move from one of the private poolside cabanas for the duration of your stay, with personal butlers bringing refreshing treats every hour, it pays to venture to its rooftop to see this pocket of zen come alive. Savour the zesty flavours of the Algarve at José Avillez's two-starred Michelin Portuguese eatery while live classical guitar music trills across from the bar.

#### Silversands Grenada

If life's a beach we know where we'd like to be. This significant game changer, set on the world famous Grand Anse Beach, entices its guests into a contemporary refuge where time itself seems to slow down. Unwind in the serene spa with its ice cave, hammam and couples treatments that will leave you both feeling renewed and energised. Using locally sourced nutmeg oil, the exclusive Silversands Massage is a must.



what he trained the protot

Domes Miramare, A Luxury Collection Resort, Corfu, Greece

Occupying a sleek modernist building once owned by the Onassis family, this adults-only property is much loved by foodie couples for its superb dining and gastronomic adventures. Tailor-made vineyard and brewery tours, organic farm tours and Greek cookery classes fast-track all into local life. While food and drink savoured on-site includes Greek and Venetian-influenced dishes devised by a Michelin-starred chef.





#### The Nautilus, Maldives

Step into a world of your own making; a world with no restraints. This is an island free from the constrictions of time, a place that is a celebration of the individual spirit, and bestows the gift of true freedom unto its guests. Through unscripted dining, bespoke programmes, and a highly personalised, exceptionally private level of service, each and every moment is tailored completely – giving guests the space, choice and time to truly discover, and celebrate, themselves.



#### St. Nicolas Bay Resort Hotel & Villas, Crete, Greece

Unabridged time spent for two is the order of the day here. Opt for the luxurious Eros Club Seafront Suite, aptly named after the Greek God of Love, with its private pool and uninterrupted views of Mirabello Bay. Inject a little sparkle into a romantic evening with a dazzling fireworks dinner at the waterfront Greek Kafenion restaurant. It will simply take your breath away.

#### *Royal River, Tenerife*

Defying the mainstream, this is Tenerife at its most quiet and picturesque. Elevated in a frame of mountains, guests know they're in for something different from first glance. Chic with a hint of the unexpected (there's a porcelain giraffe clasping a chandelier between its teeth on the rooftop terrace), the air here is one of indulgent seclusion, where relaxation is key and staff are casual yet ensuring your every whim is catered for.





You need have no worries or burdens at this slice of Mauritian paradise. Occupy sun-kissed days exploring the island by helicopter, taking in dramatic views of Le Morne Mountain and cascading waterfalls, whilst romantic evenings can be spent under a star-studded sky where a table for two and private butler await on the candlelit jetty.





# Sandpiper, Barbados

A local institution that's an ideal choice if you're among those who love to really get immersed in relaxed Bajan life. This cosseting family-run boutique hotel attracts a loyal repeat clientele who come back for its low-key attitude and laid-back informality – a rarity on the west coast. Those looking for undisturbed time for two can opt for a stay between mid-January and the end of February, where there will be no under-12s around.

It's no surprise that Hollywood's elite often venture to much loved Los Cabos, and while it may be tempting to luxuriate by the pool it pays to take advantage of Baja Peninsula's treasure trove of land and ocean activities. Observe sea lions basking in the sun at the unblemished UNESCO World Heritage Site, Espiritu Santo Island, stroll along the waterfront Malecón of cultural laid-back La Paz, before taking to the seas on a fully-crewed catamaran sailing adventure.





#### Qasr Al Sarab Desert Resort by Anantara, Abu Dhabi

Voted the world's most instagrammable hotel and about as remote and romantic as it comes, this desert settlement appears like a jaw-dropping mirage. An oasis amid the wind-swept dunes, the coveted setting is also lesser-known as Star Wars' planet Jakku. Come sundown, romance is turned up a notch with a desert barbecue enjoyed under a twinkling night sky. Tuck into a feast of koftas and beef grills prepared by your very own chef.



#### sweet sanctuary

Make positive changes that will last well beyond your stay; here begins your journey to a healthier, happier you



#### COMO Shambhala Estate, Bali

A few miles from Ubud, next to the jungle strewn hillsides that flank the River Ayung, lies a place that is simply good for the soul. Perfect for those who seek a personalised path towards a healthier lifestyle; build your own experience or choose from one of the signature wellness immersions designed to target specific areas of your wellbeing – Be Active, Cleanse, Sleep or Glow.

### The Inn at English Harbour, Antigua

A 19-acre Caribbean cocoon for adults, this charming hotel's main draw is not only its location, but its gourmet fare. The Inn is home to one of the most exclusive al fresco restaurants on the island, Terrace, where its eclectic menu uses home grown herbs and vegetables from the organic garden. Dining here is all about complete relaxation; perched atop the resort's hillside, each mouthful is enjoyed with a side of unforgettable harbour views.





#### Finch Hattons, Kenya

Nestled amongst acres of untouched wilderness, this luxury tented camp offers the utmost tranquillity for escaping the daily grind of everyday life. Step into an oasis of calm at Chyulu Spa – the largest bush spa in East Africa where guests can experience a soulful journey by taking part in a yoga class that overlooks the Chyulu Hills, followed by a treatment using locally sourced products.

#### COMO Parrot Cay, Turks & Caicos

Focusing on your wellbeing is the best way to take care of yourself and escaping to this private island paradise for a spot of rejuvenation will ease even the busiest of souls. Discover the healing powers of meditation in a private session, or opt for a curated Wellness Immersion programme where Asian-inspired holistic therapies inspire commitment to a healthy lifestyle long after you return home.



Outward beauty will ultimately blossom at Phuket's most exclusive private pool villa retreat; its heavenly JARA Spa deserves applause for embodying pathways to spiritual fulfilment and wellbeing. JARA Discoveries take inspiration from the restorative spirit of nature with therapies representing the five elements of the ficus tree to bring about nourishment and mindfulness. Spend a day boosting your immunity with thermal therapy and a beach boot camp.







#### Danai Beach Resort & Villas, Halkidiki, Greece

There's numerous benefits to taking some 'me time'; you'll find yourself feeling calmer, re-energised and able to think more clearly. Step into the natural surroundings of the resort gardens and take a stroll through the aromatic plants and flowers, or unwind at the SPA where treatments focus on Oriental Holistic Therapies and dedicated packages include purifying and detox treats.



Bodyholiday, St Lucia

The perfect prescription for physical and spiritual rejuvenation. This renowned wellness wonder is at the cutting-edge of health holidays and goes beyond the quick fitness fix to give guests life-enhancing skills. Personalised programmes and a daily 50-minute spa treatment are complemented by a comprehensive fitness, holisitic and sports activity schedule to inspire yourself towards a new healthier you.

Gili Lankanfushi, Maldives

If revitalisation is what you're searching for, you'll be in the right hands at this eco-friendly Maldivian favourite. Far removed from the stresses of everyday life, the Gili Wellness Journey combines holistic and healing delights with a focus on purifying and rejuvenating for long-term benefits, including detoxifying treatments, Ayurvedic therapy and meditation designed to restore your mind, body and soul.





JOALI BEING, Maldives

Set in the secluded natural island of Bodufushi in the Raa Atoll, the stunning architecture here combines 68 beach and water villas (each with a pool) with untouched wild forest as the backdrop. What's more, with a focus on nature-immersive well-being, wellness programmes are tailored around four key pillars – mind, skin, microbiome and energy – inviting seekers of self-discovery and renewal to reach results, from women's health to weight rebalance and restorative sleep.







#### Daios Cove, Crete, Greece

If ever there were a place to put you and your goals first, it's here. Kēpos by Goco is the resort's new pioneering hub of wellbeing that combines a holistic approach to health with innovative technology. Here you're invited to reach new heights of wellness with experiences designed by leading experts from brands such as 111SKIN, [ comfort zone ] and BXR London, all carried out within the 2,500sqm tranquil sanctuary with uninterrupted views across Daios Cove Bay.



#### local flavour

Expand your mind by feasting on the heritage, history and culture of the destination you visit; step into a whole new world



#### Alila Jabal Akhdar, Oman

An architectural masterpiece atop the majestic Al Hajar range, this seductive resort offers captivating views and enchanting design touches. Take part in mountainside yoga, stargazing and archery, while hikes into the valley below unveil secrets of an ancient community, where old-timers teach the ways of the mountain and villagers welcome you as one of their own.

#### La Residencia, A Belmond Hotel, Deià, Mallorca

Borrowing inspiration from its location close to Mallorca's rugged northern coastline, this hideaway boasts two galleries and one of the largest sculpture gardens in Spain. Channel your artistic spirit with a painting class under the guidance of acclaimed British artist in-residence, Alan Hydes, highly regarded as a portraitist with sitters ranging from Prime Minister Edward Heath to rock musicians.



#### Etéreo, Auberge Resorts Collection Riviera Maya, Mexico

Etéreo means ethereal in Spanish and is the founding core of a resort that encourages you to connect with the landscape and culture through visceral senses and new rhythms. Away from the distractions of modern life, nurture a deep connection with Mayan culture through art and culinary experiences, while stories with the in-house Shaman and expeditions with the resident archaeologist bring Mayan wisdom and findings to life.





#### Raffles Hotel, Singapore

No visit to Singapore is complete without experiencing the legendary flair of Raffles. After more than a century of providing unsurpassed service, the grand dame of Singapore's illustrious past has been preserved and enhanced with great attention to detail. Make sure to sample the iconic Singapore Sling in the historic Long Bar – although revitalised with elevated ingredients, the cocktail retains its century-old recipe that has remained unchanged from when it was first created in 1915.



#### The Whitby Hotel, New York

Crafting the ethos that 'hotels are a living thing' into every room, The Whitby Hotel is reminiscent of the Museum of Modern Art on its doorstep with a modern-British twist. Carefree, colourful and filled with character; it's the playful approach to living among some of the city's most sought-after cultural sites and attractions that will create a breath of fresh air for even the most familiar visitors to these parts.

#### The Olivar Suites, Corfu, Greece

An 18th century olive press is at the hotel's core, but it's very much family and a sense of the authentic that is at its heart. That olive press is now the bar area, and combined with the olive trees dotted around the resort, you're never too far away from a reminder of the owners' past oil endeavours. The hotel fits in well with the tiny washing-draped alleyways and bustling tavernas of the surrounding village just a short stroll away.







#### *Mystique, a Luxury Collection Hotel, Santorini, Greece*

Nestled into the cliffs at Oia, a sensory experience awaits, from basking on your caldera view terrace or balcony to dining alfresco by the infinity-edge pool. However, to truly get under the skin of the island visit Symposion by La Ponta in the village of Megalohori, which is dedicated to preserving Greece's cultural heritage. Built around a 400-year-old winery, it offers interactive tours, workshops, exhibitions and original performances.

#### Scenic Eclipse, European Cultures & Coastlines

Enveloped in ultimate, all-inclusive six-star luxury while visiting some of the world's most distinguished cultural hotspots and iconic landscapes, the World's First Discovery Yacht, Scenic Eclipse is ahead of the game when it comes to cruising the seas. A kaleidoscope of countless treasures and coastlines are waiting to be discovered on this 12-day voyage from Copenhagen to Lisbon; meander through the historic walled city of Saint-Malo and uncover the heritage of Portugal's best-known export, Port wine, in the company of a traditional vintner.





#### NIHI Sumba, Indonesia

From the hypnotic sight of surf crashing onto the shore to the rhythmic canter of the native horses clipping the sand, a visit to this remote slice of paradise will sharpen all your senses. Situated on the 'edge of wildness', the eco lodge is mostly untouched by the modern world, meaning peace and serenity reign supreme. Without the noise and distractions of everyday life, you can centre yourself firmly on the present and let your curiosity run wild.

#### Journey to the Himalayan Foothills, India

A trip to India is a frenetic assault on the senses in all its technicolour glory, and one thing for sure is that a visit to this diverse country will leave an indelible mark on your soul. From the clamour and colours of vibrant Delhi, to the highest mountain range on the planet, the Himalayas, a journey through this majestic region will leave you utterly mesmerised.





#### soul food

Doing good is good for you; seek out the lodgings that share your commitment to conservation and be part of change

#### Blue Palace, a Luxury Collection Resort & Spa, Crete, Greece

Cretan inspired Greek architecture, terracotta colours, mature palms and the endless blue reflected from over one hundred and forty private pools aren't the only draws here. Those who value a stay that gives back to the local community and the environment can get involved in the hotel's PHĀEA PLAN BEE initiative; dedicated to the protection of the native bee species, guests can tour the organic garden and beehives, join in on the harvesting and indulge in wellness activities and honey tasting.





#### Sabi Sabi Earth Lodge, South Africa

Described as the most environmentally sensitive safari lodge in Africa, this ultra-luxurious property is sculpted into a slope in the earth making it almost invisible on the landscape. Join the highly trained and experienced rangers and trackers as you tick off all members of the Big 5, safe in the knowledge that conservation is at the heart of everything they do here.



#### Mahali Mzuri, Kenya

Twelve luxury tents nestled within the game-rich Mara conservancy allows for an experience quite like no other. Thrilling game drives await as does the serenity of siting back and soaking up the views from camp. Guests are able to visit one of the Maasai villages in the local area where they can learn about the local Maasai Tribe who still practise their traditional pastoralist customs.

Six Senses Zighy Bay, Oman

Catching the first glimpse of this remote enclave – whether it is paragliding over the rugged mountain tops, descending by 4x4 or drawing closer by speedboat – is a level of exhilaration that's hard to match. Also unmatched is Six Senses' commitment to sustainability. In addition to recycling and producing their own bottled water, the resort involves hosts, villagers, the local municipality and guests in activities such as tree planting, ocean and beach cleans and education for women.



#### Bawah Reserve, Indonesia

Saving the planet just got more luxurious. Set within a previously uninhabited marine conservation area between Malaysia and Borneo, this tiny cluster of islands is a haven for eco-conscious adventurers with a taste for indulgence. Sustainability is high on the agenda here; reap the benefits of their hard work and discover a world of tropical fish and coral on one of the island snorkel trails.

#### Borgo Pignano, Tuscany, Italy

Connecting with nature comes easily at this rural hidden gem. You'll feel the positive impact the resort has on the environment and local people as you explore the estate by 4x4 with Pignano's Chief Farmer, Enzo. He'll take you behind-the-scenes discovering the vegetable and herb gardens, assisting with the collection of honey from the beehives and learning all about the Tuscan countryside.



#### 1 Hotel South Beach, Miami

Sustainability and connections with nature are peppered throughout this eco-friendly hotel, paving the way for how guests eat, sleep and feel. Rooms feature furniture made from reclaimed wood, filtered water taps and digital newspapers, whilst green moments like living green walls and a farmstand adorn the lobby. Mindfully indulge in Zero Waste dinners at signature restaurant Habitat.





# One&Only Nyungwe House, Rwanda

Rawadan drummers mark your arrival to one of the most famous tea plantations in the country, Gisakura. Here, perched within a thriving million-year-old rainforest is an eco-retreat where conservation runs through its very core. Contribute to the monthly nationwide initiative 'Umundaga', helping local communities flourish through planting new trees, helping to build new schools and tending to animals.



#### Serene South Africa

Elevating all of the essentials of a South African sojourn to upscale heights, this 14-night journey takes couples on a tour of the country's best boutique hotel gems, while meeting some of the most inspiring local people and encountering unforgettable experiences along the way. Highlights include dinner with Christo Brand – Nelson Mandela's prison-guard-turned-friend and a private lunch in the home of chef and zero waste queen Nicky Gibbs.

#### Kasbah Tamadot, Morocco

With a name that means 'soft breeze' in Berber, Sir Richard Branson's Moroccan retreat in the Atlas foothills transcends the merely luxurious. Partaking in age-old traditions puts inquisitive travellers right at the heart of the Berber community – where lunching with welcoming local residents, mint tea ceremonies, and charity organisation visits reveal life in this corner of the world.





#### Our World for Families Playful places, joyous spaces and ever-surprising possibilities

We've learned that the earlier children catch the travel bug, the deeper their passion will grow, whether for wandering the world or for something they experience along the way. So, it's best to do it right, to show them a world of wonder, of warmth, of all the out-of-the-ordinary encounters to be had, and the potential they have in themselves as they grow.

Discover Our World for Families; a collection of our most beloved destinations and their loveliest lodgings that keep families at the forefront of their thoughts.

> **CARRIER** *carrier.co.uk/families*

#### CARRIER

#### Get in touch with one of our Luxury Travel Designers

# 0161 826 2580

VISIT carrier.co.uk/savour

Join our community @carrierluxuryholidays



carrier.co.uk/savour